

Name: Mary Blow Preferred Name: Mary D.O.B.: 19/10/1938

Goals: To promote socialisation and integration in facility and community. To provide safe and caring environment. To maintain current abilities. To provide sensorial stimulation.

Resident Issue/Needs	Intervention
<p><b>Disorientation, memory loss, confusion (early stage Alzheimer)</b></p>	<ul style="list-style-type: none"> <li>* Mary requires constant reassurance and support from staff on a <b>daily basis</b>.</li> <li>* Mary will be orientated <b>throughout the day</b> by staff in a calm and compassionate manner.</li> <li>* Staff will escort Mary to Rec. room <b>daily</b> and seat her with a small group of people as her family wish.</li> </ul>
<p><b>Intrusive behaviour</b></p>	<ul style="list-style-type: none"> <li>* Staff will provide distraction with sympathy and kindness e.g. stroll in the garden, game playing, cup of tea.</li> </ul>
<p><b>Leisure/health needs Community integration</b></p>	<ul style="list-style-type: none"> <li>* Mary will be assisted <b>daily</b> by staff to engage in active participation during activities. Pencils, brushes and other utensils will be handed one at the time. Supervision required.</li> <li>* Mary will be included on <b>monthly bus trips</b> and other community outings as per 'Programmed Activities'.</li> <li>* Mary will attend concerts, shows, children's visits, theme days, special guest visits, Happy Hour, celebrations, carpet bowls, table games and ball games as per 'Programmed Activities'.</li> <li>* Staff will involve and engage Mary (<b>weekly</b>) in gently exercises/Tai Chi/walks to maintain current abilities.</li> </ul>
<p><b>Sensorial stimulation</b></p>	<ul style="list-style-type: none"> <li>* Mary will attend cooking sessions (<b>weekly</b>) when reminiscing will be encouraged.</li> <li>* Mary has been referred to Aroma Therapy massage (<b>3 x weekly</b>) see Aroma Therapy care plan.</li> </ul>
<p><b>Family</b></p>	<ul style="list-style-type: none"> <li>* Staff will praise Mary's sister Lydia for her <b>weekly</b> visits and try to involve her in community outings whenever possible.</li> </ul>
<p><b>Spiritual/Religious Needs</b></p>	<ul style="list-style-type: none"> <li>* Mary will be informed and escorted to <b>monthly</b> Anglican Service.</li> <li>* Mary will be involved in Bible Reading, religious movies and celebrations whenever they occur.</li> <li>* Mary will join the '<b>Garden Club</b>' <b>monthly</b> and staff will encourage Mary to engage actively.</li> <li>* Staff will ensure that Mary will attend Music Therapy/sing-along sessions.</li> </ul>
<p><b>Emotional/Individual needs</b></p>	<ul style="list-style-type: none"> <li>* Mary weeps easily and staff has to spend <b>extra time</b> with her to empathise and validate her feelings.</li> <li>* A volunteer will visit Mary fortnightly for <b>1 hour</b> to spend quality time reading, chatting or playing card games.</li> <li>* Staff will visit Mary at least <b>3 x weekly for 30 minutes</b> to provide her opportunity to express feelings/wishes.</li> </ul>

Signature: \_\_\_\_\_  
 Diversional Therapist

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_